

Handout 1.2: List of Expenses and Job Income

Based on your life choices, select some of the income and expenses below to create your budget for the year and add them to Activity 1.1. The amounts are based on approximate national averages.

Gym membership	Language course	Skills/training course
\$500	\$500	\$1,000
Rent	Living at home	Phone plan
\$13,000	\$0	\$800
Groceries (on your own)	Groceries (some purchases)	Groceries (minimal purchases)
\$4,000	\$1,500	\$750
Domestic travel (1 week)	International travel (1 week)	Extended travel (1 month)
\$1,750	\$2,500	\$5,000
Public transit for work and social activities (frequent use) \$1,500	Public transit for work and social activities (less frequent) \$750	Gas and car expenses \$4,000
Entertainment and dining	Entertainment and dining	Entertainment and dining
(frequent)	(occasional)	(rarely)
\$8,000	\$4,000	\$2,000
Part-time job (year round)	Full-time job (year round)	Volunteering in the community
\$15,000	\$27,000	\$0
Summer Internship (3 months) \$6,000	Occasional work (i.e., babysitting, dog walking) \$1,000	Write-in: