

HANDOUT 1.2: Activities List

Select some of the activities to create your budget for the year (Activity 1.1). The amounts are based on approximate national averages.

<p>Gym membership \$500</p>	<p>Language course \$500</p>	<p>Skills/training course \$1,000</p>
<p>Rent \$12,000</p>	<p>Living at home \$0</p>	<p>Phone plan \$800</p>
<p>Groceries (on your own) \$3,000</p>	<p>Groceries (some purchases) \$1,000</p>	<p>Groceries (minimal purchases) \$500</p>
<p>Domestic travel (1 week) \$1,500</p>	<p>International travel (1 week) \$2,000</p>	<p>Extended travel (2 months) \$4,500</p>
<p>Public transit for work and social activities (frequent) \$1,500</p>	<p>Public transit for work and social activities (less frequent) \$750</p>	<p>Gas and car expenses \$3,000</p>
<p>Entertainment and dining (frequent) \$8,000</p>	<p>Entertainment and dining (occasional) \$4,000</p>	<p>Entertainment and dining (rarely) \$2,000</p>
<p>Part-time job (year round) \$15,000</p>	<p>Full-time job (year round) \$27,000</p>	<p>Volunteering in the community \$0</p>
<p>Summer Internship (3 months) \$6,000</p>	<p>Occasional work (e.g., babysitting, dog walking) \$1,000</p>	<p>FREE CHOICE _____</p>